

Toastmasters of Paris

February 2025



Dear Alexander

Welcome to Toastmasters of Paris as a Member!

We are delighted to introduce you to your start-up mentor, **Josep Maria Comalat**. Josep will guide you through your first three speeches, leveraging his deep understanding of our club's operations and his excellent public speaking skills.

It's crucial to start your mentoring with a relaxed, face-to-face meeting. This will allow you both to get to know each other and discuss your goals and expectations from the Toastmasters experience. Initially, you'll focus on understanding club customs, navigating our website and that of Toastmasters International, and learning about various club roles and activities.

Josep is not only an accomplished speaker but has also served in many roles at our Toastmaster of Paris meetings as well as being previous President of the Club. He can assist you in both helping with your speeches, and your roles during club meetings.

After your **third speech**, you and your Mentor will evaluate the mentoring process and decide the best way to continue supporting your journey. You may wish to continue with you Mentor or you may feel confident enough to continue your Toastmaster journey without one. Equally, you may wish to change your mentor when you reach a particular stage of your Toastmaster Pathways.

Your mentor will help you become familiar with club meetings and roles of meeting participants and will help you with your first few speeches. If you are an experienced member, this person will help you develop the special skills in which you are interested. Remember, to receive maximum benefit from this relationship, it is important that you be:

- Eager to learn. You must be willing to take on new challenges.
- Receptive. You must be open to feedback, viewing it as an opportunity to improve.
- Open to new ideas. You should be able to see things from other perspectives.
- Loyal. You should be able to keep confidences.
- Grateful. Your mentor is volunteering his or her time to help you achieve your goals and be successful. Be appreciative.

We look forward to seeing you thrive at Toastmasters of Paris and are excited to see you at our next meeting.

Warm regards,

Alison Bunting

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Vice President of Mentoring

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